### Week 4 Try Again

#### **Zechariah 4:6 (New International Version)**

<sup>6</sup> So he said to me, "This is the word of the LORD to Zerubbabel: 'Not by might nor by power, but by my Spirit,' says the LORD Almighty.

#### **Isaiah 40:12-13 (New International Version)**

12 Who has measured the waters in the hollow of his hand, or with the breadth of his hand marked off the heavens? Who has held the dust of the earth in a basket, or weighed the mountains on the scales and the hills in a balance? 13 Who has understood the mind of the LORD, or instructed him as his counselor?

### **Haggai 2:5 (New International Version)**

5 'This is what I covenanted with you when you came out of Egypt. And my Spirit remains among you. Do not fear.'

#### 1 Samuel 17:47 (New International Version)

47 All those gathered here will know that it is not by sword or spear that the LORD saves; for the battle is the LORD's, and he will give all of you into our hands."

#### **James 1:13-15 (New International Version)**

13When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone; 14but each one is tempted when, by his own evil desire, he is dragged away and enticed. 15Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

#### 1 Samuel 16:7 (New International Version)

7 But the LORD said to Samuel, "Do not consider his appearance or his height, for I have rejected him. The LORD does not look at the things man looks at. Man looks at the outward appearance, but the LORD looks at the heart."

#### 1 Peter 1:13-14 (New International Version)

13Therefore, prepare your minds for action; be self-controlled; set your hope fully on the grace to be given you when Jesus Christ is revealed. 14As obedient children, do not conform to the evil desires you had when you lived in ignorance.

### Week 5 I Feel Lousy

#### **Psalm 42:6 (New International Version)**

6 my God. My [a] soul is downcast within me; therefore I will remember you from the land of the Jordan, the heights of Hermon—from Mount Mizar.

#### **Isaiah 26:3 (New International Version)**

3 You will keep in perfect peace him whose mind is steadfast, because he trusts in you.

#### Psalm 55:22 (New International Version)

22 Cast your cares on the LORD and he will sustain you; he will never let the righteous fall.

#### Psalm 46

For the director of music. Of the Sons of Korah. According to Alamoth. A song. 1 God is our refuge and strength, an ever-present help in trouble.

2 Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, 3 though its waters roar and foam and the mountains quake with their surging. Selah

4 There is a river whose streams make glad the city of God, the holy place where the Most High dwells. 5 God is within her, she will not fall; God will help her at break of day. 6 Nations are in uproar, kingdoms fall; he lifts his voice, the earth melts. 7 The LORD Almighty is with us; the God of Jacob is our fortress. Selah 8 Come and see the works of the LORD, the desolations he has brought on the earth. 9 He makes wars cease to the ends of the earth; he breaks the bow and shatters the spear, he burns the shields with fire. 10 "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth." 11 The LORD Almighty is with us; the God of Jacob is our fortress. Selah

#### **Matthew 6:25-34 (New International Version)**

25"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes? 26Look at the birds of the air; they do not sow or

reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? 27Who of you by worrying can add a single hour to his life?

28"And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin. 29Yet I tell you that not even Solomon in all his splendor was dressed like one of these. 30If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you, O you of little faith? 31So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' 32For the pagans run after all these things, and your heavenly Father knows that you need them. 33But seek first his kingdom and his righteousness, and all these things will be given to you as well. 34Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

#### Psalm 22:24 (New International Version)

24 For he has not despised or disdained the suffering of the afflicted one; he has not hidden his face from him but has listened to his cry for help.

#### John 14:27 (New International Version)

27Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

## Week 6 Courage

#### 2 Corinthians 12 Paul's Vision and His Thorn

II must go on boasting. Although there is nothing to be gained, I will go on to visions and revelations from the Lord. 2I know a man in Christ who fourteen years ago was caught up to the third heaven. Whether it was in the body or out of the body I do not know—God knows. 3And I know that this man—whether in the body or apart from the body I do not know, but God knows— 4was caught up to paradise. He heard inexpressible things, things that man is not permitted to tell. 5I will boast about a man like that, but I will not boast about myself, except about my weaknesses. 6Even if I should choose to boast, I would not be a fool, because I would be speaking the truth. But I refrain, so no one will think more of me than is warranted by what I do or say.

7To keep me from becoming conceited because of these surpassingly great revelations, there was given me a thorn in my flesh, a messenger of Satan, to torment me. 8Three times I pleaded with the Lord to take it away from me. 9But he said to

me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. 10That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

#### **Romans 8:38-39 (New International Version)**

38For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, 39. neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

#### **Acts 28:15 (New International Version)**

15The brothers there had heard that we were coming, and they traveled as far as the Forum of Appius and the Three Taverns to meet us. At the sight of these men Paul thanked God and was encouraged.

#### 1 Peter 2:21 (New International Version)

21To this you were called, because Christ suffered for you, leaving you an example, that you should follow in his steps.

#### Colossians 3 Rules for Holy Living

1Since, then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God. 2Set your minds on things above, not on earthly things. 3For you died, and your life is now hidden with Christ in God.

#### **Galatians 5:17 (New International Version)**

17For the sinful nature desires what is contrary to the Spirit, and the Spirit what is contrary to the sinful nature. They are in conflict with each other, so that you do not do what you want.

#### **Matthew 13:21-22 (New International Version)**

21But since he has no root, he lasts only a short time. When trouble or persecution comes because of the word, he quickly falls away. 22The one who received the seed

that fell among the thorns is the man who hears the word, but the worries of this life and the deceitfulness of wealth choke it, making it unfruitful.