



Pathfinder Pathways...

A Publication of the Georgia-Cumberland Conference Pathfinders

September 2003

When You Thought I Wasn't Looking

When you thought I wasn't looking, you hung my first painting on the refrigerator, and I wanted to paint another.

When you thought I wasn't looking, you fed a stray cat, and I thought it was good to be kind to animals.

When you thought I wasn't looking, you baked a birthday cake just for me, and I knew that little things were special things.

When you thought I wasn't looking, you said a prayer, and I believed there was a God that I could always talk to.

When you thought I wasn't looking, you kissed me good-night, and I felt loved.

When you thought I wasn't looking, I saw tears come from your eyes, and I learned that sometimes things hurt--but that it's all right to cry.

When you thought I wasn't looking, you smiled, and it made me want to look that pretty, too.

When you thought I wasn't looking, you cared, and I wanted to be everything I could be.

When you thought I wasn't looking--I looked . . . and wanted to say thanks for all those things you did when you thought I wasn't looking.

By Mary Rita Schilke Korzan

What is Pathfinder Pathways?

Pathfinder Pathways is a publication of the Georgia-Cumberland Pathfinders. The editors try to include practical information that you can use. If there is information that you would like to see included please let the editors know. Also if you have questions that you'd like answered also let the editors know. Their email addresses are at the end of the newsletter.

The mailed version will be two pages long and will be mailed out with the Pathfinder newsletter. The complete Pathways will be on-line on the Georgia Cumberland Conference Pathfinder website at:

[Georgia-Cumberland Newsletters](#). Once you open the web page click on the *Pathways* link for the month you want to view.

If you would like to get an advance email notice when it has been published, send an email with "Subscribe" in the subject line to GCCPathways@yahoo.com

Safety Tip

Walk uphill in the shade. If you hike uphill in the sunshine - You WILL suffer! You will overheat if you hike uphill in the direct sunshine. You will use up a lot of your energy trying to stay cool. You will sweat twice as much water/electrolytes hiking in the sunshine as in the shade. Your risk of heat related injury increases dramatically. You will make better time, feel better, and quite possibly even enjoy the hike, if you wait until shade hits the trail before leaving. This will still leave you with enough time to hike out before it gets dark.

Outreach Activity Idea/ Honor Toolbox

Warm Up America

Here's a great way to combine an Outreach Activity and the fun of earning an honor. Crochet a warm afghan blanket for someone in need and learn to crochet. The instructions are included at the end of this edition of *Pathways*. This is a project that any club can do no matter how big or small your club is. If your club is large you can make the entire afghan just by having each member make one or two squares. If your club is small you might be able to have other family or church members join in, or you can make as many squares as you can and send them to the Warm Up America! address included at the end of the instructions. I suggest that you contact with your church's Community Services so that they can be distributed in your own community. Start now that way you'll be able to make someone's winter a little warmer.

Need some other ideas to help teach the honor? Check out the Internet, here are a couple of sites.

<http://www.lionbrand.com/>

<http://www.learntocrochet.com/>

<http://www.craftyarncouncil.com/>

Also a great book by *Leisure Arts* "Cool Stuff Teach Me to Crochet" \$12.95. Available at Michael's.

Children's Letters to God

Dear God,

Please send me a pony. I never asked for anything before, You can look it up. - Bruce

Dear God,

Maybe Cain and Abel would not kill each other so much if they had their own rooms. It works with my brother. - Larry

Camp Cooking

Mexi S'mocos

- Medium flour tortilla shells
- chocolate chips
- miniature marshmallows
- peanut butter (optional)

Heat a large frying pan to low to medium heat (Teflon coated frying pans work the best). Lay one tortilla in the pan. Sprinkle with chocolate chips and mini marshmallows on one side of the tortilla. Fold over the other side tortilla to make a taco. Heat for about 15-30 seconds on each side to start to melt the chocolate chips and marshmallows. Cut into wedges.

Optional - spread peanut butter on 1/2 of the tortilla shell before sprinkling the chocolate chips and mini marshmallows.



Camping 101

At the beginning of every year take an inventory of the equipment that you have – tents, stoves, backpacks, tarps, and the trailer to carry everything in. Indicate what shape each item is in, check to see if it needs repair or has missing parts. It's also good to have a plan/schedule set up for replacing old equipment and purchasing new. Another reason to have a complete inventory is for insurance purposes. In case of fire or theft you will be able to work with the insurance company.

Since you are doing an inventory of the club's camping supplies, now would be a good time to have the Pathfinders also do an inventory of their personal camping equipment. Give them a list of everything that they might need during the upcoming year. This will help them be more prepared when camping trips come up.

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*Dear God, Did you mean for the giraffe to look like that or was it an accident.*

--Norma



## Hike of the Month

*'The journey is the destination'*

### Fiery Gizzard

This trail is perhaps one of the most diverse and beautiful in Tennessee. The section which starts at the Grundy Forest State Natural Area and climbs the plateau to Raven Point is perhaps one of the most rugged and difficult trails in Tennessee. The terrain in the gorge is steep and extremely rocky. Footing in this area is extremely difficult and precarious.

The section from Raven Point to Foster Falls is a completely different sort of experience. A full 90% of this section is on the gentle terrain of the Cumberland plateau. An exception is the portion that crosses Laurel Branch Gorge where the trail drops precipitously 200 feet into this gorge and climbs steeply out after fording Little Gizzard Creek.

The Fiery Gizzard trail starts at the Grundy Forest Natural Area Picnic Shelter. It descends steeply into the gorge beside Little Fiery Gizzard Creek. There is a large rock shelter and a 500+ year old hemlock at 0.2 mile.

The trail continues on down the gorge amid wildflowers in the spring and past some spectacular rock formations, among them being the pictured 'Chimney Rock'.

At 1.5 miles an alternate route to Raven Point, the Dog Hole Trail begins. It offers an easier hike for the less hardy hiker. It ascends quickly to the plateau and a pleasant stroll along the rim of the gorge with several beautiful overlooks the most beautiful of which is Werner Point Overlook. The [Friends of South Cumberland](#) have done a wonderful job of cleaning up and restoring this trail/area in recent years.

The Fiery Gizzard trail continues down the gorge jumping from one rock to another and finally climbs STEEPLY at 3.7 miles to Raven Point

All this climbing on a summer's day may inspire the hiker to take a refreshing break whenever the opportunity arises along the trail!

The trail continues on from Raven point across private property (please stay on the marked trail

at all times to preserve permission for public use of this wonderful trail) to the Little Gizzard Creek Small Wild Area where the one rugged portion of this section of trail lies.

After climbing out of Laurel Branch gorge, the trail enters the Foster Falls Small Wild Area. Foster Falls is a 60-foot waterfall plunging into a deep pool and forms the center of this TVA Small Wild Area. Picnic and camping facilities are available at this site.

The entrance to these trails is at the Grundy Forest Natural Area Picnic Shelter that is located in Tracy City, TN. Sign on State Route 56 west of Tracy City will direct you to the parking area. More information about Grundy Forest may be obtained at the South Cumberland Visitor Center located just 3 miles east of I-24 on US64 (615-924-9280).

From Chattanooga, take I-24 to the Monteagle exit and the US64 to TN56.

To go to the Foster Falls parking lot, continue on US64 until you see signs pointing to Foster Falls.

### Nature Nugget

#### Creation Week

This game is played by dividing everyone into six groups, each group representing one of the days of creation. At a given signal the groups go out and collect specimens that were created on the day of creation they are representing. At a given time all the groups return, and beginning with the groups representing the first day of creation, each group gets up and shows their specimens, telling as much as they can about them and how they fit into the week of creation. For such days as the fourth day of creation where one cannot bring in the sun, moon and stars; for instance the sun is responsible for the green grass. So that everyone has a part in the game, it is better if everyone in the group has a chance to speak and not just have one person be the spokesman.

~~~~~  
Dear God,

Thank you for the baby brother, but what I prayed for was a puppy - Joyce

Director's Direction

Staff Orientation

Even though this Pathfinder year is already under way, if you haven't already done it, it's a good idea to have a staff orientation. This will help all of the staff be on the same page. You may have staff that comes from different clubs and even different conferences where things may have been done differently. This would also give you the opportunity to let everyone know what is expected of them.

Items that can be included (in no particular order) but not limited to:

Weekly meeting outline – what can everyone expect during the weekly meeting. What order are things done in?

Outreach Activities (used to be called Share Your Faith activities) – What Outreach Activities are, remember not every club or conference uses the same format. Also let the staff know that these activities will fulfill many of the requirements under the 'Serving Others' section of the class work.

Camping (or how your club goes camping) –

Let the staff know about the tents that the club uses. Are staff expected to share tents with the Pathfinders, are units set up together in the same area, etc.

How will the club do the cooking? Is there a club cook, do the units cook together and if so what is expected of the counselors, and how the cooking is done on backpacking trips?

Let everyone know what is expected of them to help get ready for each campout and also for cleaning up after it.

Camporee – Give the staff an idea of how the Camporee is scheduled so they will have an idea of what to expect.

Teen Discoveries – Who can go, when are they scheduled and any other pertinent details?

Structure of the Southern Union Pathfinders

Give everyone a list of those that are the Pathfinder leaders for the Southern Union.

Transportation – How the club gets from point A to point B. Is staff expected to drive and if so what are the requirements?



Computer Connection

Many of us struggle with our computers. Maybe this will help a little. Or at least give you a laugh.

12-Step Software Program Install

1. Examine the software packaging until you find a little printed box that explains what kind of computer system you need to run the software.

It should look something like this:

SYSTEM REQUIREMENTS
2386 PROCESSOR OR HIGHER
628.8 MEGAHERTZ MODEM
719.7 MB FREE DISK SPACE
3546 MB RAM
432323 MB RPM
ANITLOCK BRAKING SYSTEM
2 TURTLE DOVES

NOTE: This software will not work on your computer.

2. Open the software packaging and remove the manual. This will contain detailed instructions on installing, operating, and troubleshooting the software. Throw it away.
3. Find the actual software, which should be in the form of either a 3.5-inch floppy diskette or a CD-Rom, located inside a sealed envelope that says:

LICENSING AGREEMENT:

By breaking this seal, the user hereinafter agrees to abide by all the terms and conditions of the following agreement that nobody ever reads, as well as the Geneva Convention and the U.N Charter and the Secret Membership Oath of the Benevolent Protective Order of the Hippo and such other terms and conditions, real and imaginary, espresso and implied, as the

Software Company shall deem necessary and appropriate, including the right to come to the user's home and examine the user's hard drive, as well as the user's underwear drawer if we feel like it, until death do us part, on nation indivisible, by the dawn's early light... finders keepers, losers weepers, thanks you've been a great crowd, and don't forget to tip your servers.

4. Hand the software to a child aged 3 through 12 and say, "(Name of child), please install this on my computer."
5. If you have no child age 3 through 12, insert the software in the appropriate drive, type "SETUP" and press the Enter key.
6. Turn the computer on, you idiot.
7. Once again type "SETUP" and press the Enter key.
8. You will hear grinding and whirring noises for awhile, after which the following message should appear on your screen:

The Installation Program will now examine your system to see what would be the best way to render it inoperable. Is it OK with you? Choose one, and be honest.

YES NO

9. After you make your selection, you will hear grinding and whirring for a very long time while the installation does what it knows what in there. Some installation programs can actually alter molecular structures, so that when they're done, your computer has been transformed into an entirely new device, such as a food processor.

At the very least, the installation program will create many new directories, sub directories, sub-sub directories on your hard drive and fill them with thousands of mysterious files with names like "puree.exe," "fester.dat," and "doo.wha."

10. When the installation program is finished, your screen should display the following message:

CONGRATUALTIONS

The installation program cannot think of anything else to do to your computer and has grown bored. You may now attempt to run your software. If you experience any problems, electrical shocks, insomnia, shortness of breath, nasal discharge, or intestinal parasites, you should immediately *@!\$)%%@&

11. At this point your computer system should become less functional than the federal government, refusing to respond even when struck with furniture.
12. Call the toll-free Technical Support Hotline number listed on the package and wait on the line for a representative, who will explain to you, in a clear, step-by-step manner, how to adopt a child aged 3 through 12.

"How to Install Software-A12-Step Program" by Dave Barry in "[Dave Barry in Cyberspace](#)"

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Warm Up America!

<http://www.craftyarncouncil.com/warmup.html>

Create a warm afghan blanket for someone in need. That's what **Warm Up America!** is all about -- keeping people warm. Sound simple? Well, it is, and it works because you can make a difference whether you complete one small section or an entire afghan.

For Left Handed crocheters go to <http://www.crochet.org/lessons/lesson1/lesson1.html>

The instructions below will show you how to make a foundation row and a single crochet stitch. If you follow them exactly, you'll complete a 7" by 9" block, which will be great practice and help a good cause: **Warm Up America!** Learn how your block can be joined with others to create an afghan to warm up someone in need.

Beginner Crochet Block

What you need:

- Worsted-weight yarn, any color or colors
- Size G crochet hook;
- Yarn needle with big eye
- Small scissors

Step 1: Hold crochet hook in right hand and make a slip knot on hook.



Step 2: Bring yarn over hook from back to front and grab it with hook.



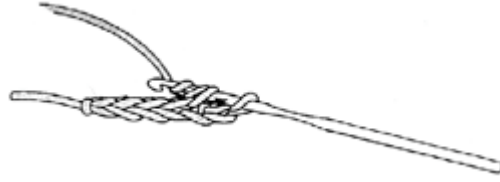
Step 3: Draw hooked yarn through slip knot and onto hook.
This makes one chain stitch. Repeat Steps 2 and 3 in sequence 28 more times. You should have 29 chain stitches and one loop will remain on hook.



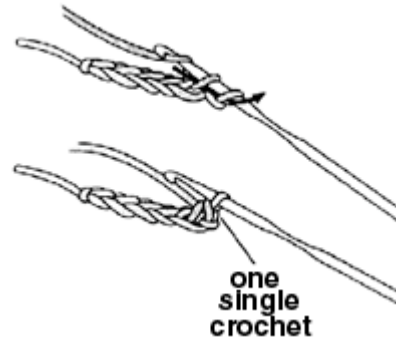
Step 4: Skip the first chain stitch.



Step 5: Insert hook into center of next chain stitch. Draw yarn through the chain stitch and up onto the hook. There are now 2 loops on hook.

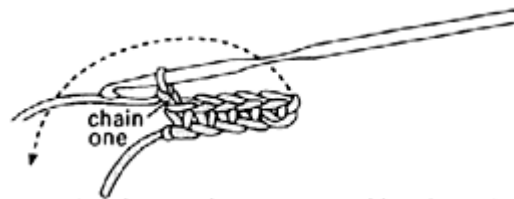


Step 6: Bring yarn over hook from back to front, and draw it through both loops on hook. One loop remains on the hook, and you have just made one single crochet stitch.

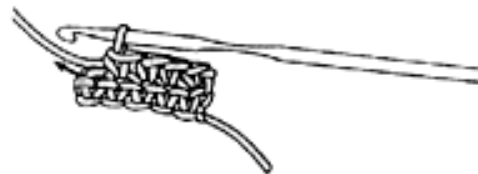


Repeat Steps 5 and 6 in each of the remaining 27 chains—be sure to work in the very last chain. You have now completed one row of single crochet. Measure your work; it should be about 7" wide. If it is too wide, try again with fewer beginning chains. If it is too narrow, try again with more beginning chains.

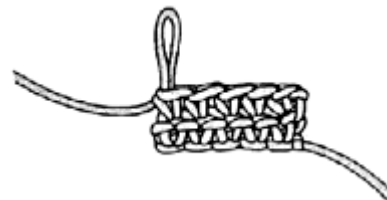
Step 7: At the end of the row, make one chain stitch, then turn the work counter-clockwise, leaving the hook in the chain.



Step 8: Make one single crochet stitch in first stitch and in each remaining stitch of the previous row. Be sure to work into the last stitch. Chain 1, turn. Repeat Step 8 until the block measures 9" long.



Finishing: Cut the yarn from the skein, leaving a 6" end. Draw the hook straight up, bringing the yarn through the remaining loop on the hook



Thread yarn into yarn needle and weave back and forth through stitches to secure.	
For more crochet instruction, information, and fun things to do with your crocheting, go to the Getting Started page http://www.learntoknit.com/getting_started.php3 for a list of helpful books, videos, CD-Roms, and web sites. Also visit the Crochet Guild of America site.	

Afghan assembly tips

Lay out 49 squares on a table or the floor to determine the final arrangement by color and/or texture, then join them using one of the following methods.

We'd like to point out that the 7" by 9" size was selected because it was a convenient size to join together to form a full-size afghan. We also needed uniformity of size to be able to join sections knitted and crocheted by different people across the country. That is why it is so helpful that the sections you send in be as close to 7" x 9" as possible.

However, if you have an interest in making an entire afghan, you can knit or crochet your afghan to any size or pattern you wish. There is a need, for instance, for baby afghans (approximately 32" by 38") and lap throws, which are much smaller than the standard Warm Up America! afghan. If you want to make several sections, but not an entire afghan, consider knitting or crocheting a 7" by 63" strip (Diagram A). It makes assembling much easier and less time consuming.

Also remember that while sections are supposed to be 7" by 9", everyone's tension is a little different and several brands of yarns have been used, so the size of the blocks will vary. Therefore, it may be necessary to "stretch" some blocks and "ease in" others when assembling.

Finally, it is helpful to label wool yarns, sections and afghans because greater care is needed in cleaning wool. It is also better not to mix wool sections with the synthetic yarn sections for the same reason.

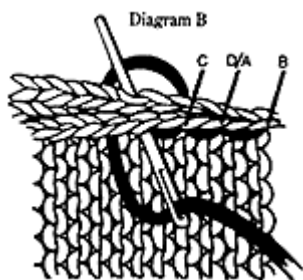
Finishing Touches - Joining Squares

Assembling A Standard Warm Up America! Afghan

To complete a standard 49" by 63" Warm Up America! afghan requires 49 sections. We've found that forming vertical strips (Diagram A) is a good way to begin. After you have joined sections and completed seven vertical strips, join the vertical strips together.

To join individual sections or strips, we recommend that you:

- Backstitch (Diagram B) or weave (Diagram C) seams together with a yarn needle or
- Crochet the seams together or
- Zig-zag the seams together on your sewing machine using a large-size stitch and a neutral or transparent thread.



FINISHING HINTS

When joining sections, do not pull the working yarn too tightly. Seams should have some elasticity. And keep your stitch line close to the edge so that you do not create a thick, bulky seam.

Depending on what squares wind up on the out-side edge of the afghan, some edges, such as those worked in stockinette stitch, have a tendency to curl. It might be helpful to work two rows of single crochet around the joined squares to give an attractive finished appearance to your afghan.

Please reproduce and distribute as many copies of these patterns as you would like! Craft Yarn Council of America, 2500 Lowell Rd., Gastonia, NC 28054

IMPORTANT SHIPPING INFO

When possible, we encourage **Warm Up America!** participants to work with family members, neighbors and friends to complete afghans and distribute them in their own community. When this is not possible, the Council will gladly accept sections, strips or completed afghans. We distribute the completed blankets to social service agencies that contact our office. Ship to:

Warm Up America!
2500 Lowell Rd.
Gastonia, NC 28054